



“For tomorrow belongs
to the people who prepare
for it today”

African Proverb



Houston-Galveston Area Council
Fall Planning Workshop for Local Governments
Planning for an Aging Tomorrow
November 8, 2013

Agenda

8:30 – 9:00 **Registration, Breakfast**

9:00 – 9:10 **Establishing the Framework:
What Does the Future of Our Region Look Like?**
Jeff Taebel, FAICP, Director of Community and Environmental Planning,
Houston-Galveston Area Council

9:10 – 9:35 **My Generation - The Changing Face of Older Texans**
Dr. Carmel Bitondo Dyer, Executive Director,
*UT Health Consortium on Aging and Roy M.
and Phyllis Gough Huffington Chair in Gerontology*

9:35 – 10:25 **How Will Older Texans Get Around?
It's More Than Driving Miss Daisy**
Jim Webb, Associate Administrator of Project Development, and Guest
The Goodman Corporation

10:25 - 10:35 **Break**

10:35 – 11:25 **Where Will the Aging Population Live?
When This Old House Doesn't Fit**
Denis D'Amico, Vice President
Brookdale Senior Living
and Stephan Fairfield, Chief Executive Officer
Orchard Communities

11:25 - 11:30 **Break**

11:30 – 11:55 **Actively Aging: A Success Story - Moving Beyond Bingo?**
Ernest Lewis III, Center Director
Mamie George Community Center of Catholic Charities

11:55 – Noon **Concluding Remarks**
Jeff Taebel, FAICP, Director of Community and Environmental Planning,
Houston-Galveston Area Council

Speakers



**Jeff
Taebel**

Jeff Taebel, FAICP, is the Director of Community and Environmental Planning at H-GAC where he oversees the agency's community and environmental planning, socioeconomic modeling, economic development, community enhancement, disaster recovery, and sustainable development initiatives. He has 31 years of experience in urban and regional planning, including 26 in his current position.

Actively involved in community service, professional development and planning education, Mr. Taebel is a former President of the Texas Chapter of the American Planning Association and was inducted as a Fellow of the American Institute of Certified Planners in 2008.

Mr. Taebel received a Master of Urban Planning from Texas A&M University and a Bachelor of Science in Life Sciences from the University of Nebraska.



**Dr. Carmel
Bitondo
Dyer**

Dr. Carmel Bitondo Dyer is a graduate of Baylor College of Medicine where she completed her Internal Medicine residency and Geriatrics Fellowship. She founded the geriatrics program at the Harris County Hospital District and the Texas Elder Abuse and Mistreatment Institute. Her research and publications have been in the area of elder mistreatment. She was a delegate to the 2005 White House Conference on Aging and has twice provided testimony at the U.S. Senate on behalf of vulnerable elders.

She has received national and local recognition for her teaching abilities, research inroads, and dedication to the health care of older persons. Dr. Dyer joined the UT Health faculty in January 2007 and is a Professor of Medicine and Director of the Geriatric and Palliative Medicine Division.

She is currently the Chief of Staff for LBJ Hospital and Associate Dean of Harris County Programs for UT Health. Dr. Dyer holds the Roy M. and Phyllis Gough Huffington Chair in Gerontology and is the Executive Director of the UT Health Consortium on Aging.

Today's presentations will be available at

[http://www.h-gac.com/
community/qualityplaces/
workshops/fps.aspx](http://www.h-gac.com/community/qualityplaces/workshops/fps.aspx)

Speakers



Jim Webb

Jim Webb is the Associate Administrator of Project Development for The Goodman Corporation (TGC) where he helps municipalities, townships, special districts, and development companies implement mobility, transit, and land use planning solutions. Mr. Webb received a Bachelor's degree in Urban and Regional Planning as well as a Master's degree in Public Administration from the University of Illinois. Prior to his time at TGC, he worked as a transportation planner at both the Houston-Galveston Area Council and the Tri-County Regional Planning Commission in Peoria, Illinois.

Mr. Webb has experience developing Transportation Improvement Programs, Long-Range Transportation Plans, and Congestion Mitigation Plans. He developed corridor plans for infrastructure projects and infrastructure plans for commercial development and worked on a Federal Transit Administration-sponsored Alternatives Analysis. Mr. Webb has served as liaison to various units of government, chambers of commerce, economic development organizations, and professional organizations.



**Denis
D'Amico**

Denis D'Amico is the Vice President of Sales & Marketing for the West Division of Brookdale Senior Living supporting 214 communities in 11 states. He was born in Fairfield, Connecticut, and lived with his grandmother in their home, cared for by his mother, until his grandmother died at age 86 when Mr. D'Amico was 14. This shaped his ideas on aging and the family. He has worked his whole career in the health care field. His early experience consisted of counseling and training positions. In the past 25 years, Mr. D'Amico's experiences have been in operations, sales, and marketing. He worked in senior management positions for ManorCare, Marriot Senior Living, and Sunrise Senior Living for 22 years before joining Brookdale.

Mr. D'Amico now lives in Norman, Oklahoma. He is married to a nursing professor at Seminole State College and has a daughter teaching special education in the Norman Oklahoma school system. He also has two grandchildren. Mr. D'Amico graduated from Fairfield University with a Bachelor's degree in psychology.

Speakers



**Stephan
Fairfield**

Stephan Fairfield is founder and Chief Executive Officer of Houston's Orchard Communities located in Kingwood, Willowbrook, Garden Oaks, and Westchase.

Mr. Fairfield is also founder and CEO of Covenant Community Capital, the region's oldest U. S. Treasury certified Community Development Financial Institution. Covenant equips working families to thrive intergenerationally by building good savings and credit habits and accessing affordable homes and education opportunities.

He is a Harvard University Loeb Fellow and received his Bachelor's degree from Baylor University, which awarded him its Outstanding Young Alumnus. His work has received Fannie Mae's Maxwell Award, the Social Compact Award, Houston Business Journal's Legacy Award, the Appraisal Institute's Ace Award, Houston Jaycee's Outstanding Young Houstonian, and profiles in the Houston Press, Houston Chronicle, and Baylor Line. He lives in Houston's Fifth Ward with his wife and three daughters.



**Ernest
Lewis III**

Ernest Lewis III serves as Center Director of the Mamie George Community Center of Catholic Charities of the Archdiocese of Galveston-Houston and is responsible for the administration and implementation of fund development and the strategic direction of the center. Mr. Lewis has a diverse professional background in the areas of nonprofit administration, fund development/fundraising, and public relations. He has been instrumental in shaping Catholic Charities' basic needs and disaster recovery initiatives, focusing his efforts on promoting client self-sufficiency.

He has facilitated workshops covering adult literacy, social services focused on seniors and families, basic needs, homeless prevention, and disaster recovery. Other agencies Mr. Lewis worked with include YMCA Educational Services, Community Shares of Louisiana, and Community of the Streets Outreach. Throughout his 13 year career in the nonprofit arena, he has raised more than \$20 million in private, federal, and public funds and was responsible for the compliance and management of awarded funds. He holds undergraduate and graduate degrees in Business.

Planning Resources

Websites

These websites list reports, publications, and other resources that provide information on how communities can create places suitable for people of all ages.

AARP: Livable Communities

www.aarp.org/livable-communities/

American Planning Association: Aging & Livable Communities

www.planning.org/resources/ontheradar/aging/

Centers for Disease Control and Prevention

Healthy Aging and the Built Environment: List of Additional Resources

www.cdc.gov/healthyplaces/healthtopics/healthyaging.htm

Environmental Protection Agency: Aging

www.epa.gov/aging/

National Center on Senior Transportation

<http://ncst.madwolf.com/>

U.S. Administration on Aging

www.aoa.gov/

Reports and Books

These books and reports provide up-to-date information describing the needs of senior populations, along with tools communities can use to support aging in place.

Reports

AARP

Aging, Migration, and Local Communities: The Views of 60+ Residents and Community Leaders

http://assets.aarp.org/rgcenter/il/migration_1.pdf

AARP

Beyond 50.05 – A Report to the Nation on Livable Communities: Creating Environments for Successful Aging

http://assets.aarp.org/rgcenter/il/beyond_50_communities.pdf

Atlanta Regional Commission

Aging in Place: A Toolkit for Local Governments

www.aarp.org/content/dam/aarp/livable-communities/plan/planning/aging-in-place-a-toolkit-for-local-governments-aarp.pdf

Center for Housing Policy

Housing an Aging Population: Are We Prepared?

www.nhc.org/media/files/AgingReport2012.pdf

International City/County Management Association

Resource List: Sustainable Planning for Aging in Place

http://icma.org/en/icma/knowledge_network/documents/kn/Document/6587/Resource_List_Sustainable_Planning_for_Aging_in_Place

National Association of Area Agencies on Aging (n4a)

A Blueprint for Action: Developing a Livable Community for All Ages

www.n4a.org/pdf/07-116-N4A-Blueprint4ActionWCovers.pdf

National Association of Area Agencies on Aging (n4a)

The Maturing of America: Communities Moving Forward for an Aging Population (2011 ed.)

www.n4a.org/pdf/Maturing_of_Ameria_II.pdf

Books

(Previews Available on Google Books)

Aging America and Transportation: Personal Choices and Public Policy (Joseph Coughlin, Lisa D'Ambrosio, 2012)

Building Type Basics for Senior Living (Second Edition) (Perkins Eastman, 2013)

Independent for Life: Homes and Neighborhoods for an Aging America (Henry Cisneros, Margaret Dyer-Chamberlain, and Jane Hickie: 2012)

Livable Communities for Aging Populations: Urban Design for Longevity (M. Scott Ball: 2012)



Houston-Galveston Area Council
P.O. Box 22777
Houston, Texas 77227-2777
713-627-3200