



HOUSTON-GALVESTON AREA COUNCIL

3555 Timmons Lane, Suite 120

Houston, TX 77027

h-gac.com | @HouGalvAreaCog

FOR IMMEDIATE RELEASE

Nov. 10, 2022

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H-GAC RESUMES ‘TRAIN YOUR BIKE’ IN-PERSON SAFETY CLASSES THIS FALL

Free In-Person Trainings Geared towards Helping Residents Get Confident in Biking in Their Communities Will Take Place on Weekends at Various Locations throughout the Region

HOUSTON – The Houston-Galveston Area Council (H-GAC), in partnership with CyclingSavvy and the American Bicycling Education Association, has resumed offering free in-person bike training classes to help residents become more confident and comfortable biking in their communities.

These free classes take place on Saturday and Sunday mornings now through the spring of 2023. They are designed to teach bicyclists the road rules involving biking, sharing the roads with motorists and pedestrians, behaviors that will make them more predictable on the roads and reduce the risk of crashes, and how to ride defensively and handle unexpected situations.

Classes are open to residents aged 18 and older of all experience levels – whether they are new at biking or experienced and want a refresher – in Brazoria, Chambers, Fort Bend, Galveston, Liberty, Montgomery, and Waller counties.

“These classes are meant to instill confidence and comfort when biking in our region – whether it’s in a major metropolitan area, a rural road, along bike lanes in the park, or around your neighborhood,” said Susan Jaworski, senior transportation planner at H-GAC.

Each session has a limit of 14 attendees and will include five additional waitlist spots. Residents can register for a training near them by visiting www.h-gac.com/pedestrian-bicyclist-planning/bike-safety. Participants must be able to supply their own bike, helmet, and water.

Trainings are confirmed for the following dates, times, and locations:

Houston-Galveston Area Council

H-GAC is a voluntary association of local governments and local elected officials from the 13-county Gulf Coast planning region, which includes an area of 12,500 square miles and more than 7 million people. H-GAC works to promote efficient and accountable use of local, state, and federal tax dollars; serves as a problem-solving and information forum for local governments; and helps analyze trends and conditions affecting the region. For more information, visit h-gac.com.



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Sunday, Nov. 13, 2022 |

9 a.m. - noon

Lynn Gripon Park at Countryside
100 Alderwood
League City, TX 77573

Saturday, Dec. 10, 2022 |

9 a.m. - noon

Duhacsek Park
17034 Old Richmond Rd.
Sugar Land, TX 77498

Saturday, Feb. 4, 2023 |

9 a.m. - noon

The Crossroads Plaza
111 Church St.
Dayton, TX 77535

Saturday, March 18, 2023 |

9 a.m. - noon

Eagle Pointe Recreation Complex
12450 Eagle Pointe Drive
Mont Belvieu, TX 77523

Saturday, March 25, 2023 |

9 a.m. - noon

Magnolia Unity Park
19450 Unity Park Drive
Magnolia, TX 77355

Saturday, April 15, 2023 |

9 a.m. - noon

Aquatic Center
6535 Creekside Forest Drive
The Woodlands, TX 77389

Saturday, April 29, 2023 |

9 a.m. - noon

Winnie Stowell Park
335 S Park St.
Winnie, TX 77665

In addition to the in-person trainings, H-GAC, in partnership with CyclingSavvy, offers a free online bike safety course to all area residents. The course consists of 14 self-paced video modules covering safe riding behaviors, bicycling road rules, and defensive riding using local scenarios. Residents can register for the online course at Houston.cyclingsavvy.org. Enter your residential address to complete the registration.

To learn more information about H-GAC's bicycling and pedestrian planning programs – including bike safety – visit www.h-gac.com/pedestrian-bicyclist-planning.

Residents and stakeholders can also stay up to date on other H-GAC events and happenings by viewing our online calendar of events at h-gac.com/calendar.

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