



Houston-Galveston  
Area Council

# PRESS RELEASE

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## FOR IMMEDIATE RELEASE

### Public Invited to Comment on Regional Plan to Support Older Adults Across 12-County Houston-Galveston Area

HOUSTON, TX — The [Houston-Galveston Area Council](#) (H-GAC) is inviting public comment on its proposed Fiscal Year 2027–2029 Area Plan for the Area Agency on Aging, with the comment period open from April 17 through May 17, 2026.

The Area Plan outlines how H-GAC will support adults age 60 and older across a 12-county region — Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Liberty, Matagorda, Montgomery, Walker, and Waller counties — focusing on helping older residents live healthy, independent, and fulfilling lives. Harris County is served by its own dedicated Area Agency on Aging.

Required under the Older Americans Act, the plan serves as a strategic roadmap for delivering critical aging services and coordinating resources throughout the region.

To inform the plan, H-GAC's Area Agency on Aging conducted 12 community 'Roadshow' meetings in each county the organization serves, gathering input from older adults, caregivers, service providers, and community stakeholders on the most pressing needs facing the aging population.

The proposed plan covers the period October 1, 2026, through September 30, 2029, and includes strategies for delivering a comprehensive range of services, including:

- Home-delivered and congregate meals
- Transportation assistance
- In-home services such as personal care and respite care
- Case management and benefits counseling
- Health and wellness programs
- Emergency response and residential repair
- Long-term care ombudsman services

#### ***How to Participate***

Residents, caregivers, and community stakeholders are encouraged to review the proposed Area Plan and submit comments between April 17 and May 17, 2026. Public input will help shape final priorities before the plan is submitted for approval.

For more information or to submit comments, visit [h-gac.com/aging](https://h-gac.com/aging).

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## *About H-GAC's Area Agency on Aging*

H-GAC is a voluntary association of local governments and local elected officials from the 13-county Gulf Coast planning region, which includes an area of 12,500 square miles and nearly eight million people. H-GAC promotes efficient and accountable use of local, state, and federal tax dollars; serves as a problem-solving and information forum for local governments; and helps analyze trends and conditions affecting the region. The Area Agency on Aging at the H-GAC serves older adults and their caregivers across a 12-county region, providing access to services, resources, and advocacy that promote independence and well-being. For more information, visit [h-gac.com/aging](http://h-gac.com/aging).

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