**September 2025 Social Media Captions –**

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| **Facebook** | |
| September-FB-Image-1  September 2 | The American Dental Association recommends replacing your toothbrush every 3 to 4 months. But what do you do with your old one? You can’t drop it in your curbside bin because of its mixed materials that are difficult to separate at the recycling facility. You could use it as a cleaning tool for small jobs around your home, or you could use dental companies’ recycling programs.  Check out these options:  Oral-B’s mail-in recycling program, which takes toothbrushes, floss containers and toothpaste tubes <https://oralb.com/en-us/recycling/>  In partnership with TerraCycle, Colgate also promotes a mail-in recycling program for toothbrushes, floss containers, and tubes.  <https://www.terracycle.com/en-US/brigades/colgate> |
| September -FBImage-2  September 9 | Wondering if you can recycle your used yoga mat? Probably not in your curbside program. Determine your mat’s material and check with your municipality or waste hauler to find out if that’s a material they accept. If not, consider SuperCircle/Manduka’s mail in program at <https://www.manduka.com/pages/recycling> or re-use them as garden mats, or even donate them to a daycare or an animal shelter if they are in good condition. |
| September -FBImage-3  September 16 | When thinking about what to do with your used pots and pans 🍳 if you don’t want to keep them, there are a few choices. They are probably not recyclable in your curbisde program, especially non-stick pans. You may be able to find a manufacturer’s take-back program, donate them to a re-sale shop if they are in good condition, sell them for scrap metal (call ahead to make sure), or throw them away. Be sure to check with your municipality or waste hauler to find out what materials they accept. |
| September -FBImage 4  September 23 | When you replace your mousepad, what do you do with your used one? They aren’t accepted in your curbside programs, but you may be able to take them to locations that accept used electronics. Be sure to check with your municipality or waste hauler to find out what materials they accept. If you can’t recycle a mouse pad and don’t want to throw it away, you can repurpose it as a coaster, jar opener, furniture protector, or drawer liner. |
| September -FBImage 5  September 30 | ✍️ Most disposable ink pens are plastic, and some of their parts can be recycled, but probably not in your curbisde program. Be sure to check with your municipality or waste hauler to find out what materials they accept. If you don’t want to throw the used pens away, check with office supply stores, like Staples, to find out if they have a recycling program. To avoid contributing more plastic to landfills by throwing away your disposable pens, consider using reusable pens instead. <https://www.dayspringpens.com/blogs/the-jotted-line/how-to-recycle-pens?srsltid=AfmBOopCp06g4xQsnGDkKbs9Zo5fE-8lX2Ii8JICOQHK344-rPCAhv8w> |

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| **Instagram** | |
| September -IGImage-1- | Decluttering cookware? 🍳 Most curbside programs don’t accept pots and pans—especially non-stick. Consider:  • Manufacturer take-back (check the brand)  • Donate if in good condition  • Sell or drop off at a scrap metal yard (call ahead)  • As a last resort, place in the trash  Be sure to check with your municipality or waste hauler to find out what materials they accept. |
| September -IGImage-2- | Disposable pens piling up? ✍️ Most disposable pens are plastic and aren’t accepted in curbside recycling. Try this: • Ask your local office supply store about in-store pen recycling (call ahead) • Switch to refillable/reusable pens to cut plastic waste • When in doubt, check with your municipality or waste hauler to find out what materials they accept. |

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| **X, formerly known as Twitter ((MAX 280 characters including spaces!)** | |
| September -XImage-1- | Want to recycle your mouse pad? Most curbside programs don’t accept them. Some electronics recycling drop-offs might—check with your municipality or waste hauler. No recycling option? Repurpose as a coaster, jar opener, furniture pad, or drawer liner. |
| September -XImage-2- | (Thread) 1/2 Time to swap your toothbrush? ADA recommends every 3–4 months. Skip the curbside bin—most brushes are mixed materials. Reuse for small cleaning jobs or try mail-in take-back programs. #RecycleRight  2/2 Recycling options: • Oral-B mail-in (toothbrushes, floss containers, tubes): <https://oralb.com/en-us/recycling/> • Colgate + TerraCycle mail-in (brushes, floss containers, tubes): <https://www.terracycle.com/en-US/brigades/colgate> |